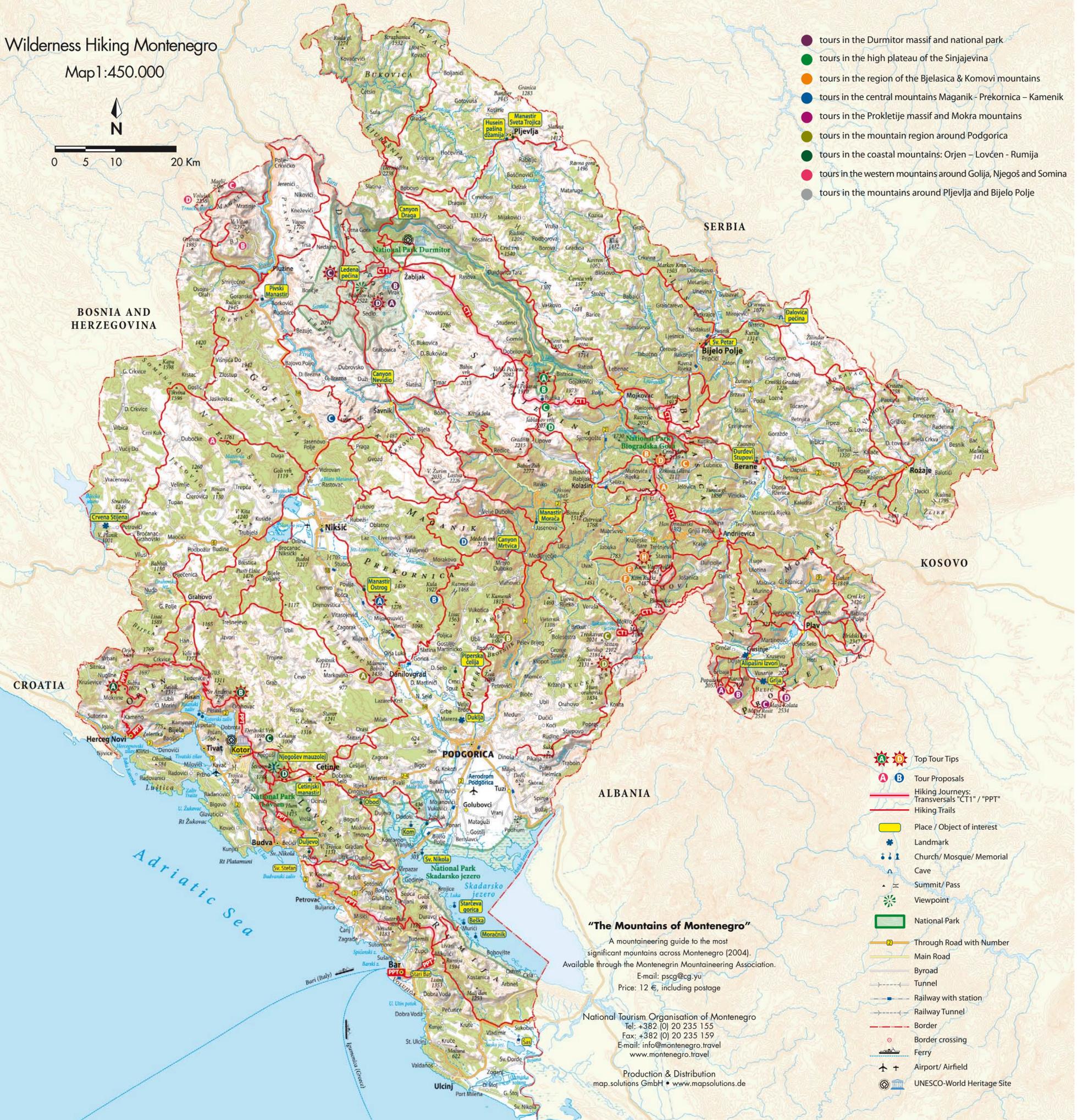


Experience the untouched mountain world at the Mediterranean  
Hiking on ancient paths and marked trails through the majestic mountain massifs with their fragrant meadows. Hidden mountain lakes, vast lonely alpine pastures and fascinating forests, snow-covered peaks, breathtaking waterfalls and cascades, uncanny ravines and wild mountain rivers of unforgettable beauty – Montenegro offers pure hikers' delight for explorers. Local mountaineering clubs welcome you!



Montenegro's as yet almost undiscovered mountain world is unique in the whole Mediterranean and is now being made accessible also for hikers and mountain enthusiasts. A nationwide network of hiking trails of 3,000 kilometres, soon to be marked uniformly and with clear signposting, invites to make unforgettable tours in a varied natural and cultural ambience. Almost untouched wilderness, a great diversity of flora and fauna, primeval forests in which bears and wolves still roam, remote mountain villages and the peaceful life on the alpine pastures await you. How rewarding to discover the Mediterranean's as yet best-protected mountain secret, to experience and to enjoy it! You may look forward to the joy of pure nature, always combined with the spirit of adventure and the cordial hospitality of the Montenegrins.



- tours in the Durmitor massif and national park
- tours in the high plateau of the Sinjajevina
- tours in the region of the Bjelasica & Komovi mountains
- tours in the central mountains Maganik - Prekornica - Kamenik
- tours in the Prokletije massif and Mokra mountains
- tours in the mountain region around Podgorica
- tours in the coastal mountains: Orjen – Lovćen - Rumija
- tours in the western mountains around Golija, Njegoš and Somina
- tours in the mountains around Pljevlja and Bijelo Polje

- A D** Top Tour Tips
- A B** Tour Proposals
- Hiking Journeys: Transversals "CT1" / "PPT"
- Hiking Trails
- Place / Object of interest
- Landmark
- Church/ Mosque/ Memorial Cave
- Summit/ Pass
- Viewpoint
- National Park
- Through Road with Number
- Main Road
- Byroad
- Tunnel
- Railway with station
- Railway Tunnel
- Border
- Border crossing
- Ferry
- Airport/ Airfield
- UNESCO-World Heritage Site

**"The Mountains of Montenegro"**  
A mountaineering guide to the most significant mountains across Montenegro (2004).  
Available through the Montenegrin Mountaineering Association.  
E-mail: pscg@cg.yu  
Price: 12 €, including postage

National Tourism Organisation of Montenegro  
Tel: +382 (0) 20 235 155  
Fax: +382 (0) 20 235 159  
E-mail: info@montenegro.travel  
www.montenegro.travel

Production & Distribution  
map.solutions GmbH • www.mapsolutions.de

**Wild Beauty on 3,000 km hiking trails**  
Montenegro is characterised by an impressive diversity of different landscapes on its small area. The name of the country "Black Mountains" is justified: Unlike the karst mountains of the northern Adriatic, Montenegro's peaks seem dark, because they are tree-covered up to great heights – therefore they invite hikers to make unforgettable tours even in mid-summer. Montenegro has a fascinating mountain world with more than 150 peaks higher than 2,000 m, with sleepy villages and peaceful high alpine pastures reminding of times long past. With as yet four national parks with widely contrasting characteristics; additional ones are planned to be established.



There is a lot to be discovered in Montenegro: The massifs with their towering mountains – Durmitor, Bjelasica, Komovi, Sinjajevina, Prokletije and Visitor – with their remote mountain lakes, alpine pastures and forests, snow-covered peaks, diverse flora and fauna and breathtaking mountain rivers of wild beauty. Furthermore, many historic attractions along the routes.

And one ought to get to know the Montenegrins in the mountains. During the varied history of the country, the inhabitants learnt to defend themselves against the various invaders – and to receive guests with genuine hospitality. Look them up in their huts scattered on the pastures and experience a visit to friends.



For individualists, Montenegro is a country of natural adventure which has become very rare in Europe: safe and free, often sparsely populated and unspoilt. You will meet few people on most trails, water is scarce in some regions and along some routes accommodations are still rare. But the choice of places to stay is steadily increasing all over the country – mountain huts, apartments, bungalows and private rooms as well as hotels of all categories.

You will find addresses and additional, updated information on the official website of the National Tourism Organisation of Montenegro:  
www.montenegro.travel





# WILDERNESS HIKING MONTENEGRO



## 2 Sinjajevina

**Starting points:** Mojkovac, Bistrica, Kolašin  
**Peak hikes and tour proposals**

- A** Hiking tour to the lake Zabojsko • 6.45 hr • 1,070 m in height
- B** Ascent to the Suvi pečarac (1,910 m) • 5.15 hr • 1,100 m in height
- C** Pilgrim path to the pilgrimage church Ružica • 5.00 hr • 870 m in height
- D** Ascent to the Jablanov vrh (2,203 m) • 6.15 hr • 1,200 m in height

### Hike the largest high alpine pasture of the Balkans

The Sinjajevina is one of Montenegro's largest mountain regions. It is situated between the Tara canyon, the Drobnjak lakes and the river Tušina on one side and the settlements of Gornja Morača und Pčinja on the other side. This remarkable massif is actually a plateau, a high alpine pasture – Montenegro's highest mountain meadow, vast as far as the horizon. A realm of the plants and grasses, situated on an average altitude of 1,600 metres. However, it has its summits, looming above the ocean of grasses with their 2,000 m and more. Especially interesting for hikers, a true hot tip, is the north-eastern part of the Sinjajevina.



## 3.2 Komovi

**Starting points:** Andrijevica, Kolašin  
**Peak hikes and tour proposals**

- E** Ascent to the Kom Vasojevički (2,461 m) • 5.00 hr • 760 m in height
- F** Ascent to the Kom Kučki (2,487 m) • 7.00 hr • 830 m in height
- G** Ascent to the Kom Ljevoriječki (2,465 m) • 6.30 hr • 760 m in height
- H** Circular trail around the Komovi massif • 6.30 hr • 660 m in height

### Defeat the King of the Mountains

Three characteristic, barren summits dominate the massif, also named "King of the Mountains", which is ranked among Montenegro's most impressive mountain ranges. Precipitous and seemingly invincible, the limestone towers rise up from the high plateau near the border to Albania.



From the highest point, the Kom Kučki, you can see almost all of Montenegro. While the trails to the peak of Kom Kučki and Kom Vasojevički are reserved for trained mountaineers, due to their climbing passages, the Kom Ljevoriječki is open to experienced hikers, too. The panoramic tour around the massif is very attractive and does not require excessive stamina.

## 5 Prokletije

**Starting points:** Plav, Gusinje  
**Peak hikes and tour proposals**

- A** Ascent to the Popadija (2,057 m) • 4.30 hr • 899 m in height
- B** Ascent to the Karanfili (2,490 m) • 7 hr • 1,334 m in height
- C** Ascent to the Maja Rosit (2,524 m) • 7.30 hr • 1,465 m in height
- D** Ascent to the Maja Kolata (2,534 m) • 8 hr • 1,474 m in height

### Climb the haunted mountains

The Prokletije massif is the highest mountain range of the Dinaric Alps. Only the smaller part of this wildly romantic, on the other hand seemingly hostile mountain world, which extends from Montenegro's east along the Albanian border as far as Serbia and the Kosovo, is located on Montenegrin soil. Its peaks are characterised by precipitous, steep and practically invincible rock pinnacles. Ancient paths and adventurous mountain routes lead through the Prokletije range, one of the least known areas in Europe. The highest mountains in this region that can be climbed from Montenegro are the Maja Rosit and the Maja Kolata.



## 7 Orjen · Lovćen · Rumija

**Starting points:** Herceg Novi, Kotor, Tivat, Budva, Cetinje, Bara  
**Peak hikes and tour proposals**

- A** Ascent to the Subra (1,679 m) • 5.30 hr • 950 m in height
- B** Mountain hike to the fortress Sv. Andrija (736 m) • 4.30 hr • 750 m in height
- C** Ascent to the local mountain of Kotor (1,098 m) • 2.15 hr • 240 m in height
- D** Ascent to the Njegoš mausoleum (1,657 m) • 6.45 hr • 800 m in height



### The coastal mountains: breathtaking view and historic highlights

Orjen, Lovćen and Rumija as parts of the Dinaric Alps constitute Montenegro's southernmost mountain range alongside the Adriatic coast. The high mountain climate and the special vegetation of the Orjen mountains are quite unique. And the magnificent view from the Lovćen and Rumija mountains, of the glittering turquoise of the Adriatic, over the very special scenery of the lake Skadar and Montenegro's further mountain ranges. Fascinating hiking trails lead through the national park, to ancient fortresses, ethnographic sites and to historic highlights. This is exactly the right place for those who are unable to decide whether to spend their holiday by the sea or in the mountains!

## The Montenegrin Mountain Hiking Transversal ("CT1")



### Hiking journey through Montenegro's wild mountains

The Montenegrin Hiking Transversal Crnogorska Transverzala 1 (therefore marked „CT1“) was opened in 1987 and completely new markings were made all the way in 2007. It begins in Podgorica and leads to the Kučka Krajina, the lake Bukumirsko jezero and the Komovi massif to the saddle Trešnjevik. From here it crosses the gentle-wild beauty of the Bjelasica to Mojkovac and over the lonely high plateaus of the Sinjajevina, and finally reaches Žabljak in the Durmitor region. An impressive hiking journey through the diversity of landscapes of the Montenegrin mountain world.

## 1 Durmitor

**Starting point:** Žabljak  
**Peak hikes and tour proposals**

- A** Circular tour of the national park • 6 hr • 650 m in height
- B** Ascent to the Planinica (2,330 m) • 5.30 hr • 870 m in height
- C** To the ice caves of Ledena pećina (2,180 m) • 5.15 hr • 900 m in height
- D** Ascent to Bobotov kuk (2,522 m) • 5.30 hr • 950 m in height



### National park Durmitor – an oasis of nature

The national park Durmitor with its mountain massif is part of UNESCO World Heritage. 48 out of the 50 mountains of more than 2,000 m are situated in this national park, as well as the highest mountain of the country (2,522 m), and 17 glacier lakes, of which the Crno jezero, the black lake, is the most famous. Challenging mountain trails of high alpine characteristics lead over steep, precipitous walls of rock up to the summits with an overwhelming view. A special natural phenomenon is the ice cave "Ledena Pećina", in which stalactites and stalagmites can be admired all year round.

## 3.1 Bjelasica

**Starting point:** Kolašin, Mojkovac  
**Peak hikes and tour proposals**

- A** Panoramic hike over the Ključ (1,973 m) • 7 hr • 830 m in height
- B** Walk through the national park • 6.30 hr • 850 m in height
- C** High-altitude hike over Zekova glava (2,117 m) • 6.30 hr • 1,300 m in height
- D** Ascent to the Crna glava (2,139 m) • 8.30 hr • 1,430 m in height

### Enjoy the gentle vastness

Giant trees, hundreds of years old, idyllic lakes, blueberry fields, unique landscapes shaped by glaciers and traditionally cultivated alpine pastures – this is where Montenegro's "Wild Beauty" is at its best. The national park Biogradska Gora, situated in the Bjelasica massif, is one of the first natural reserves of the world. A network of marked trails and attractive tours leads over juicy meadows and through dense forests up to the surrounding summits. Due to the gently rolling landscapes, this is an ideal hiking region also for families and leisurely walkers.



## 4 Vojnik · Maganik · Prekornica

**Starting point:** Nikšić, Šavnik, Danilovgrad, Podgorica  
**Peak hikes and tour proposals**

- A** Hike to the monastery Ostrog • 4.30 hr • 800 m in height
- B** Ascent to the Kula (1,927 m) • 6.00 hr • 1,030 m in height
- C** Ascent to the Vojnik (1,997 m) • 6.30 hr • 992 m in height
- D** Ascent to the Medjedi vrh (2,487 m) • 10 hr • 1,778 m in height



### Lonely mountain regions in the heart of Montenegro

Montenegro's central range is a region of high alpine mountains and high plateaus with the gentler shapes of the Vojnik mountains, the jutting limestone forms of the Maganik mountains and the karst Prekornica. The high valleys and plateaus, shaped by glaciers, with their abundance of plants and medieval forests, are the ideal landscape for pure "Wilderness Hiking" to remote mountain regions and out-of-the way peaks and summits. Good gear and provisions is a must! A special highlight is the place of pilgrimage which has been built into a rock wall, the monastery Ostrog, which can be reached on an easy, contemplative hiking path.

## 6 Kučka Krajina · Brotnjik · Garač · Kamenik

**Starting point:** Podgorica, Danilovgrad, Veruša  
**Peak hikes and tour proposals**

- A** Mountain hike on the Milunova Bobija (1,436 m) • 3.30 hr • 686 m in height
- B** Mountain hike on the Maglič (1,560 m) • 4 hr • 695 m in height
- C** Ascent to the Treskavac (2,024 m) • 4.15 hr • 670 m in height
- D** Ascent to the Surdup (2,184 m) • 5 hr • 900 m in height

### The mountains around Podgorica

Which capital in Europe is also a popular starting point for mountain hikes? North-west of Podgorica are the Garač mountains with their highest peak Milunova Bobija. To the north of the capital, we find the high plateau Radovce (854 m) with its peaks Maglič and Kamenik. And if you go in the north-eastern direction, you will soon reach the Kučka Krajina, the western extension of the Prokletije. From here, mountain hikes on the Zjevo, the "Mountain with five Peaks" Treskavac, the Štitan and the highest mountain of the region, the Surdup, guarantee a magnificent view over a great part of Montenegro.



## 8 Njegoš · Golija · Bioč · Maglič

**Starting point:** Plužine, Nikšić  
**Peak hikes and tour proposals**

- A** Mountain hike in the Njegoš mountains (1,721 m) • 4.30 hr • 783 m in height
- B** Mountain hike into the Bioč-Masiv (2,397 m) • 8.30 hr • 1,346 m in height
- C** Ascent to the Maglič (2,386 m) • 9 hr • 1,705 m in height
- D** Ascent to the Volujak (2,336 m) • 9 hr • 710 m in height

### Montenegro's western mountains

The very attractive scenery of the north-western mountain region between the river Piva and the border to Bosnia and Herzegovina, with the mountains Maglič and Bioč as its highest summits and the lake Trnovacko as one of Montenegro's most beautiful mountain lakes, is a genuine hot tip for unforgettable mountain hikes and climbs up to challenging peaks.



## The Montenegrin Coast Transversal ("PPT")



### Panoramic tour over the coastal mountains

The second transversal hiking trail ("Primorska Planinarska Transverzala", briefly PPT), was opened in 2006 and leads from Herceg Novi at Montenegro's northern Adriatic coast, alongside the coastal mountains of Orjen, around the Bay of Kotor, via Lovćen and through Pastrovska Gora as well as the Rumija mountains as far as Bar in the southern part of the coast. An overwhelming, ever-changing view and numerous historic sites along the trail make this hiking tour an unforgettable experience. Furthermore, 150 km access trails offer many options for day hikes.

